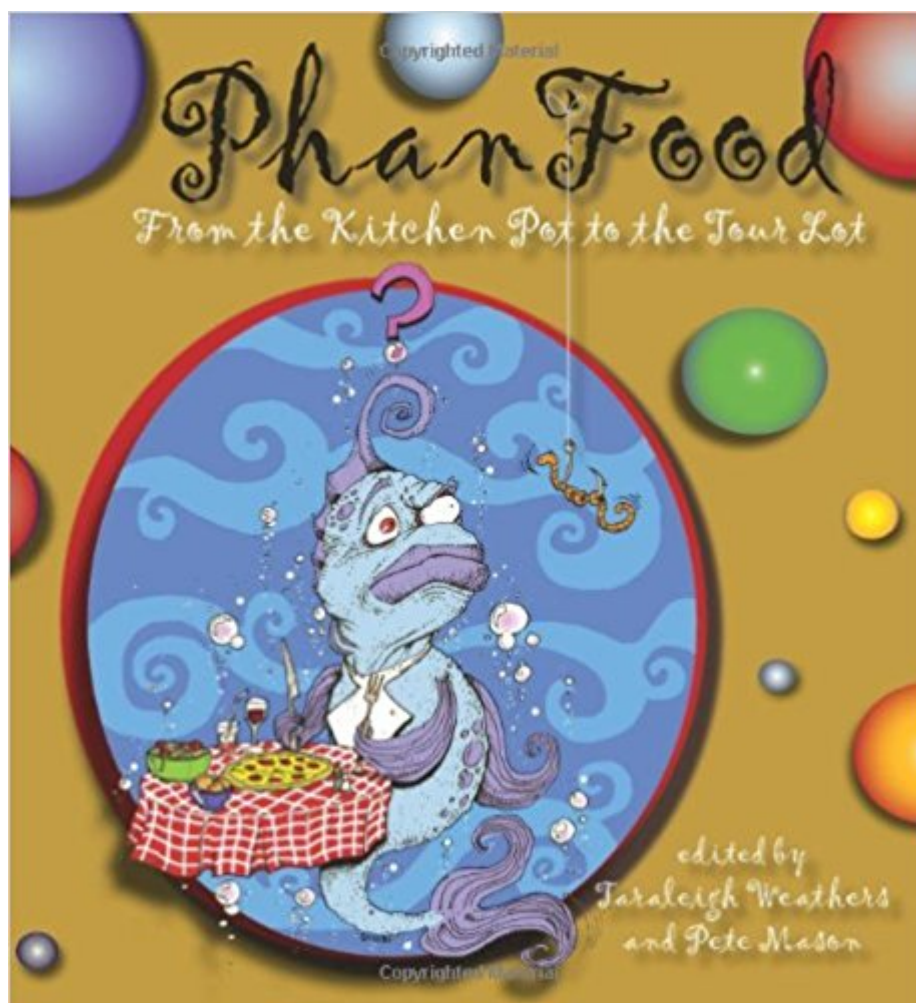


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# Phanfood: From The Kitchen Pot To The Tour Lot (Excelsior Editions)



## Synopsis

Like the band they follow from city to city, Phish fans have their own history of creativity, which in turn follows them wherever they go--even into the kitchen. Edited by Taraleigh Weathers (Healthy Hippy Magazine) and Pete Mason (Phanart: The Art of the Fans of Phish), PhanFood bring together many of the recipes that Phish fans have made and shared over the years. Included are appetizers, salads, soups, sandwiches, entrees, desserts, drinks (with and without alcohol), and a variety of other concoctions that Phish fans enjoy while they are in the lots, at the site, or just sitting at home waiting for the next tour to be announced. PhanFood is also a wholly nonprofit endeavor, with all net profits being donated to regional food banks and charities in the cities where Phish plays. A cookbook by Phish fans and for Phish fans (as well as anyone else who likes good, healthy food), PhanFood aims to benefit the Phish community and to give back to the communities Phish fans visit as they follow the band to the next great show! Taraleigh Weathers is a graduate of the Institute for Integrative Nutrition and the publisher and editor of Healthy Hippy Magazine. She lives in Burlington, Vermont. Peter Mason is a Special Education teacher and the author of Phanart: The Art of the Fans of Phish. He lives in Albany, New York

## Book Information

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## Customer Reviews

"A phantastic collection of goodies--baked, fried, and otherwise--ranging from the simple (yeasted popcorn) to the complex (including a few that will test your culinary mettle); organized with delightful connections to Phish songs, shows, and history; and benefiting the hungry, on many levels--a full course of phun!" ---- Ellis Godard, Executive Director of the Mockingbird Foundation

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Book was well made and fun to read. Has some great recipes along with some parking lot classics. Glad I purchased!!

I'm paid anything for that book

This book is very professionally put together and entertaining in addition to having some very yummy recipes. I for one have never been to a Phish concert, but the editor Taraleigh is our daughter, and we are very proud of the book she has put together. Plus, how can you not support such a good cause since the net proceeds are donated to foodbanks around the country.

I came across this book because I was looking for a tailgating cookbook. It looked interesting to me and I liked that some of the money goes to charity. It is so fun! It almost makes me like Phish. The recipes are so eclectic and great for cooks at all levels. Some are easy and some are complex. All look delicious. I am going to share this with all my Phish loving friends.

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